

CAQ Items

CAQ Form III-R (Riverside Revised)

1. Is critical, skeptical, not easily impressed.
2. Is dependable and responsible (low placement implies undependable and irresponsible).
3. Has a wide range of interests (regardless of how deep or superficial the interests are).
4. Is a talkative person.
5. Is giving, generous toward others (regardless of the motivation).
6. Is fastidious, meticulous, careful and precise.
7. Favors conservative values in a variety of areas; emphasizes traditional values and beliefs (low placement implies rejection of traditional values).
8. Appears to have a high degree of intellectual capacity (whether or not this capacity translates into actual accomplishments).
9. *Is uncomfortable with uncertainty and complexity.
10. *Develops physical symptoms in reaction to stress and anxiety (e.g., sweating, racing heart, headaches, stomach aches, rashes, asthma, etc.).
11. *Is protective of those close to him/her (high placement implies overprotective; medium placement implies appropriate caring; low placement implies lack of concern)
12. Tends to be self-defensive; unable to acknowledge personal shortcomings or failures; quick to defend self from criticism
13. *Takes offense easily; is sensitive to anything that can be construed as a criticism or insult.
14. Genuinely submissive; accepts domination comfortably; gives in easily.
15. Is skilled in social techniques of imaginative play, pretending and humor.
16. *Is introspective; thinks about self; examines own thoughts and feelings (does not necessarily imply that the person understands himself/herself well).
17. Behaves in a sympathetic and considerate manner (low placement implies unsympathetic and inconsiderate behavior).
18. Initiates humor; makes spontaneous funny remarks.
19. Seeks reassurance from others (high placement implies lack of self-confidence).
20. *Behaves and acts quickly.
21. Arouses nurturant feelings in others; behaves in ways that lead others to feel caring and protective toward him/her.
22. Feels a lack of meaning in life.
23. Tends to blame others for own mistakes, failures, and shortcomings.
24. *Prides self on being rational, logical and objective (high placement implies a person who is more comfortable with intellectual concepts than with feelings; low placement implies a person who is irrational and overly emotional).
25. *Has excessive self-control; postpones pleasures unnecessarily.
26. Is productive; gets things done.
27. *Is condescending toward others; acts superior to others.

- 28.*Tends to arouse liking and acceptance in people (low placement implies a tendency to arouse dislike and rejection).
- 29.Is turned to or sought out for advice and reassurance.
- 30.Gives up and withdraws when possible in the face of frustration and adversity (high placement implies person gives up easily; low placement implies person does not know when, realistically, it is time to give up).
- 31.*Regards self as physically attractive (this item refers to how person sees himself/herself, whether accurate or not).
- 32.Seems to be aware of the impression he/she makes on others (low placement implies person is unaware of the impression he/she makes).
- 33.Is calm, relaxed in manner.
- 34.Is irritable; overreacts to minor frustrations.
- 35.Has warmth; has the capacity for close relationships; compassionate.
- 36.*Tends to undermine, obstruct, or sabotage other people.
- 37.Is guileful, deceitful, manipulative, opportunistic; takes advantage of others.
- 38.*Has hostility toward others (whether or not the hostile feelings are actually expressed).
- 39.*Thinks about ideas in unusual ways; has unconventional thought processes.
- 40.Is generally fearful; is vulnerable to real or imagined threat.
- 41.Makes moral judgments; judges self and others in terms of right and wrong (regardless of the nature of the moral code, whether traditional or liberal; high placement implies being moralistic and self-righteous; low placement implies an unwillingness to make value judgments).
- 42.Reluctant to commit self to any definite course of action; tends to delay or avoid making decisions or taking action.
- 43.*Has large or vivid facial expressions or gestures.
- 44.*Evaluates the motives of others; tries to figure out the intentions underlying people's actions (accuracy is not assumed).
- 45.*Is psychologically frail, vulnerable; has poor ability to cope with stress.
- 46.*Tends to fantasize and daydream.
- 47.Has a readiness to feel guilty (high placement implies a tendency to feel guilt even when he/she is not at fault).
- 48.Keeps people at a distance; avoids close relationships.
- 49.Is basically distrustful of people in general; questions their motivations.
- 50.*Is unpredictable and changeable in attitudes and behavior.
- 51.Places high value on intellectual and cognitive matters (does not necessarily imply high intellectual achievement or intellectual ability).
- 52.Behaves in an assertive fashion; not afraid to express opinions; speaks up to get what he/she wants.
- 53.*Is impulsive; has little self-control; unable to postpone pleasure.
- 54.Is sociable, gregarious; emphasizes being with others.
- 55.Is self-defeating; acts in ways that frustrate, hurt, or undermine own chances to get what he/she wants.
- 56.Responds to and appreciates humor.

57. Is an interesting, colorful person.
58. Appears to enjoy sensuous experiences (e.g., touch, taste, smell, bodily contact).
- 59.*Is concerned about own body, its health and adequacy of functioning (high placement implies excessive concern or hypochondriasis).
60. Has insight into and understands own needs, motives and behavior; knows self well (low placement implies little insight into own motives and behavior).
- 61.*Likes others to be dependent on him/her; likes to be thought needed by others (low placement implies encouraging others to be independent of him/her).
62. Tends to be rebellious and nonconforming.
- 63.*Is influenced by social pressures (e.g., "popularity," conventional social norms).
- 64.*Is socially perceptive; is alert to cues from other people that reveal what they are thinking and feeling.
- 65.*Resists limits and rules; sees what he/she can get away with.
- 66.*Enjoys aesthetic impressions; is aesthetically sensitive (appreciates art, music, drama, etc.).
- 67.*Is self-indulgent; tends to pamper himself or herself.
68. Is basically anxious.
69. Is sensitive to anything that can be construed as a demand or request for favors; is quick to feel imposed on.
70. Behaves ethically; has a personal value system and is faithful to it.
- 71.*Is ambitious; sets high personal goals.
- 72.*Has doubts about own adequacy as a person; appears to have feelings of inadequacy.
- 73.*Tends to see sexual overtones in many situations (high placement implies reading sexual meanings into situations in which none exist; low placement implies inability to recognize sexual signals).
- 74.*Feels satisfied with self; is unaware of self-concern.
- 75.*Is easy to understand and describe (low placement implies someone who is difficult to understand and describe).
- 76.*Imagines that the needs, wishes and feelings of others are the same as his/her own; tends to project own feelings and motivations onto others.
77. Appears straightforward, candid, frank in dealing with others.
78. Feels cheated and victimized by life; self-pitying; feels sorry for self.
79. Tends to ruminate and have persistent, preoccupying thoughts.
- 80.*Is sexually interested in others (whether of the opposite sex or same sex; low placement implies an absence of sexual interest).
- 81.*Is physically attractive; is good looking (as defined by the relevant culture).
82. Has fluctuating moods; moods go up and down.
83. Able to see to the heart of important problems; does not get caught up or sidetracked by irrelevant details.
84. Is cheerful, happy (low placement implies depression).
85. Tends to communicate through actions, deeds, and non-verbal behavior, rather than through words.

- 86.*Denies the presence of anxiety and conflicts; tends to convince himself/herself that unpleasant thoughts and feelings do not exist; deceives self into thinking everything is fine, when everything is not fine.
- 87.Tends to interpret clear-cut, simple situations in complicated ways.
- 88.Is personally charming.
- 89.Compares self with others; is alert to real or imagined differences between self and others in status, appearance, achievement, abilities, and so forth.
- 90.Is concerned with philosophical problems, for example, religions, values, free will, the meaning of life, and so forth.
- 91.*Values power in self and others.
- 92.Has social poise and presence; appears socially at ease.
- 93.(a) Behaves in a masculine style or manner
(b) Behaves in a feminine style or manner
(If person is male, rate 93a; if person is female, rate 93b. The cultural definition of masculinity and femininity are intended here.)
- 94.*Expresses hostility and angry feelings directly (low placement implies someone who is unable to express hostility, who holds angry feelings in).
- 95.*Gives advice; concerns self with the business of others.
- 96.Values own independence and autonomy; emphasizes his/her freedom to think and act without interference or help from others.
- 97.*Is an unemotional person; tends not to experience strong emotions (low placement implies a highly emotional person).
- 98.Is verbally fluent; can express ideas well in words.
- 99.*Is self-dramatizing; theatrical; prone to exaggerate feelings; seeks attention.
- 100.*Relates to everyone in the same way (low placement implies a person who acts differently with different people).

* Revised text.

Source:

Block, J. (2008). *The Q-sort in character appraisal: Encoding subjective impressions of persons quantitatively*. Washington, DC: American Psychological Association. Pp. 120-125; revised as indicated.