

CAQ Items

CAQ Form III-R (Riverside Revised)

1. Is critical, skeptical, not easily impressed.
2. Is dependable and responsible (low placement implies undependable and irresponsible).
3. Has a wide range of interests (regardless of how deep or superficial the interests are).
4. Is a talkative person.
5. Is giving, generous toward others (regardless of the motivation).
6. Is fastidious, meticulous, careful and precise.
7. Favors conservative values in a variety of areas; emphasizes traditional values and beliefs (low placement implies rejection of traditional values).
8. Appears to have a high degree of intellectual capacity (whether or not this capacity translates into actual accomplishments).
9. *Is uncomfortable with uncertainty and complexity.
10. *Develops physical symptoms in reaction to stress and anxiety (e.g., sweating, racing heart, headaches, stomach aches, rashes, asthma, etc.).
11. *Is protective of those close to him/her (high placement implies overprotective; medium placement implies appropriate caring; low placement implies lack of concern)
12. Tends to be self-defensive; unable to acknowledge personal shortcomings or failures; quick to defend self from criticism
13. *Takes offense easily; is sensitive to anything that can be construed as a criticism or insult.
14. Genuinely submissive; accepts domination comfortably; gives in easily.
15. Is skilled in social techniques of imaginative play, pretending and humor.
16. *Is introspective; thinks about self; examines own thoughts and feelings (does not necessarily imply that the person understands himself/herself well).
17. Behaves in a sympathetic and considerate manner (low placement implies unsympathetic and inconsiderate behavior).
18. Initiates humor; makes spontaneous funny remarks.
19. Seeks reassurance from others (high placement implies lack of self-confidence).
20. *Behaves and acts quickly.
21. Arouses nurturant feelings in others; behaves in ways that lead others to feel caring and protective toward him/her.
22. Feels a lack of meaning in life.
23. Tends to blame others for own mistakes, failures, and shortcomings.
24. *Prides self on being rational, logical and objective (high placement implies a person who is more comfortable with intellectual concepts than with feelings; low placement implies a person who is irrational and overly emotional).
25. *Has excessive self-control; postpones pleasures unnecessarily.
26. Is productive; gets things done.
27. *Is condescending toward others; acts superior to others.

28. *Tends to arouse liking and acceptance in people (low placement implies a tendency to arouse dislike and rejection).
29. Is turned to or sought out for advice and reassurance.
30. Gives up and withdraws when possible in the face of frustration and adversity (high placement implies person gives up easily; low placement implies person does not know when, realistically, it is time to give up).
31. *Regards self as physically attractive (this item refers to how person sees himself/herself, whether accurate or not).
32. Seems to be aware of the impression he/she makes on others (low placement implies person is unaware of the impression he/she makes).
33. Is calm, relaxed in manner.
34. Is irritable; overreacts to minor frustrations.
35. Has warmth; has the capacity for close relationships; compassionate.
36. *Tends to undermine, obstruct, or sabotage other people.
37. Is guileful, deceitful, manipulative, opportunistic; takes advantage of others.
38. *Has hostility toward others (whether or not the hostile feelings are actually expressed).
39. *Thinks about ideas in unusual ways; has unconventional thought processes.
40. Is generally fearful; is vulnerable to real or imagined threat.
41. Makes moral judgments; judges self and others in terms of right and wrong (regardless of the nature of the moral code, whether traditional or liberal; high placement implies being moralistic and self-righteous; low placement implies an unwillingness to make value judgments).
42. Reluctant to commit self to any definite course of action; tends to delay or avoid making decisions or taking action.
43. *Has large or vivid facial expressions or gestures.
44. *Evaluates the motives of others; tries to figure out the intentions underlying people's actions (accuracy is not assumed).
45. *Is psychologically frail, vulnerable; has poor ability to cope with stress.
46. *Tends to fantasize and daydream.
47. Has a readiness to feel guilty (high placement implies a tendency to feel guilt even when he/she is not at fault).
48. Keeps people at a distance; avoids close relationships.
49. Is basically distrustful of people in general; questions their motivations.
50. *Is unpredictable and changeable in attitudes and behavior.
51. Places high value on intellectual and cognitive matters (does not necessarily imply high intellectual achievement or intellectual ability).
52. Behaves in an assertive fashion; not afraid to express opinions; speaks up to get what he/she wants.
53. *Is impulsive; has little self-control; unable to postpone pleasure.
54. Is sociable, gregarious; emphasizes being with others.
55. Is self-defeating; acts in ways that frustrate, hurt, or undermine own chances to get what he/she wants.
56. Responds to and appreciates humor.

57. Is an interesting, colorful person.
58. Appears to enjoy sensuous experiences (e.g., touch, taste, smell, bodily contact).
59. *Is concerned about own body, its health and adequacy of functioning (high placement implies excessive concern or hypochondriasis).
60. Has insight into and understands own needs, motives and behavior; knows self well (low placement implies little insight into own motives and behavior).
61. *Likes others to be dependent on him/her; likes to be thought needed by others (low placement implies encouraging others to be independent of him/her).
62. Tends to be rebellious and nonconforming.
63. *Is influenced by social pressures (e.g., "popularity," conventional social norms).
64. *Is socially perceptive; is alert to cues from other people that reveal what they are thinking and feeling.
65. *Resists limits and rules; sees what he/she can get away with.
66. *Enjoys aesthetic impressions; is aesthetically sensitive (appreciates art, music, drama, etc.).
67. *Is self-indulgent; tends to pamper himself or herself.
68. Is basically anxious.
69. Is sensitive to anything that can be construed as a demand or request for favors; is quick to feel imposed on.
70. Behaves ethically; has a personal value system and is faithful to it.
71. *Is ambitious; sets high personal goals.
72. *Has doubts about own adequacy as a person; appears to have feelings of inadequacy.
73. *Tends to see sexual overtones in many situations (high placement implies reading sexual meanings into situations in which none exist; low placement implies inability to recognize sexual signals).
74. *Feels satisfied with self; is unaware of self-concern.
75. *Is easy to understand and describe (low placement implies someone who is difficult to understand and describe).
76. *Imagines that the needs, wishes and feelings of others are the same as his/her own; tends to project own feelings and motivations onto others.
77. Appears straightforward, candid, frank in dealing with others.
78. Feels cheated and victimized by life; self-pitying; feels sorry for self.
79. Tends to ruminate and have persistent, preoccupying thoughts.
80. *Is sexually interested in others (whether of the opposite sex or same sex; low placement implies an absence of sexual interest).
81. *Is physically attractive; is good looking (as defined by the relevant culture).
82. Has fluctuating moods; moods go up and down.
83. Able to see to the heart of important problems; does not get caught up or sidetracked by irrelevant details.
84. Is cheerful, happy (low placement implies depression).
85. Tends to communicate through actions, deeds, and non-verbal behavior, rather than through words.

86. *Denies the presence of anxiety and conflicts; tends to convince himself/herself that unpleasant thoughts and feelings do not exist; deceives self into thinking everything is fine, when everything is not fine.
87. Tends to interpret clear-cut, simple situations in complicated ways.
88. Is personally charming.
89. Compares self with others; is alert to real or imagined differences between self and others in status, appearance, achievement, abilities, and so forth.
90. Is concerned with philosophical problems, for example, religions, values, free will, the meaning of life, and so forth.
91. *Values power in self and others.
92. Has social poise and presence; appears socially at ease.
93. (a) Behaves in a masculine style or manner
(b) Behaves in a feminine style or manner
(If person is male, rate 93a; if person is female, rate 93b. The cultural definition of masculinity and femininity are intended here.)
94. *Expresses hostility and angry feelings directly (low placement implies someone who is unable to express hostility, who holds angry feelings in).
95. *Gives advice; concerns self with the business of others.
96. Values own independence and autonomy; emphasizes his/her freedom to think and act without interference or help from others.
97. *Is an unemotional person; tends not to experience strong emotions (low placement implies a highly emotional person).
98. Is verbally fluent; can express ideas well in words.
99. *Is self-dramatizing; theatrical; prone to exaggerate feelings; seeks attention.
100. *Relates to everyone in the same way (low placement implies a person who acts differently with different people).

* Revised text.

Source:

Block, J. (2008). *The Q-sort in character appraisal: Encoding subjective impressions of persons quantitatively*. Washington, DC: American Psychological Association. Pp. 120-125; revised as indicated.